



“To get **maximum value** from this video, **print this handout** so you will be prepared to **take notes** on each point I reveal during the lesson”

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DAY 2 – MAINTAINING MOMENTUM



**Daily _____ create and
maintain momentum.**

It's not that hard to be really successful. The people who are leading extraordinary lives are just doing a few _____ things on a daily basis, that over time grow into massive _____.

Life is _____ if you live it the _____ way
and _____ if you live it the _____ way.

If you can get just a little bit of momentum, just get yourself doing the right things on a _____ basis, you will find it gets easier to gain more and more momentum.

Momentum builds _____ and is a
powerful _____ in and of itself.

**So here's some tips to create new
positive habits in your life.**

Tip # 1

START _____.

Avoid the news, complainers and _____
situations. The first few hours of your day
have the least distractions & are _____.

DO THE _____.

Tip # 2

BE TOTALLY _____ ON YOUR KEY _____.

Write down those top __ goals on a goal card.

Your __ high _____ producing activities
that will move you forward today.

**EVERYTHING ELSE MUST WORK AROUND
THOSE ACTIVITIES.**

Tip # 3

CREATE DAILY _____.

Elite performers create _____ around
their best _____.

Ask yourself “What do I need to start doing on a daily basis, so when I wake up 30 days from now, I have a new routine in place, or 90 days from now I'm getting the results I want”.

Nowadays people want everything
_____, including success. They want the
'get rich quick _____', the 'magic pill'.

But life and certainly success in business just
doesn't work that way.

If we want to become as productive as we
possibly can we have to _____ !

We have to _____ past our _____.

So put daily _____ in place that are going to increase your _____ and make you more _____

Such as...

Starting as _____ as you can on at least one of your high income producing activities.

Tip # 4

CREATE _____ OF _____.

Get good at focusing on what matters most for blocks of 30, 60 or 90 minutes without _____.

We are living in a universal culture of _____ and it's causing us to fail.

Studies show that the superachievers from all walks of life create blocks of time where they hone their craft.

You must create _____ habits if you are to succeed in your network marketing business.

Tip # 5

DEVELOP A ' _____ ' Attitude

The truth is that

THIS _____ WILL NEVER COME AGAIN.

Most of us _____ our lives.

Research shows that people on their deathbed have 3 main regrets

1. Not following their _____.

2. Not _____ enough.

3. Didn't take enough _____.

At the end of your life all that will really matter is...how many lives did you touch and what has been the difference you have made since you walked the planet?

Tip # 6

_____ YOUR DAY THE _____ BEFORE
so you set yourself up for success in advance.

Keep a _____.

Normally we face self-_____, we get trapped in these negative thoughts. It only takes one thought to go on a negative spiral.

Every night make it a ritual – ask what ___ things did I _____ today that moved my _____ forward?

What _____ moments did I create?

Report your _____, record your _____ every night.

So your **mindset challenge** for today is to identify the _____ that you need to put into place and commit to enforcing those immediately.

