

DAVE O'CONNOR

The 30 Day Mindset Mastery Challenge

“To get **maximum value** from this video,
print this handout so you will be prepared
to **take notes** on each point I reveal during
the lesson”

Dave O'Connor

DAY 1 – THE MAGIC OF THINKING BIG



This means exactly what it says. If you're going to go for a goal, then you may as well set yourself a _____ target because according to research, you have a much better chance of achieving a _____ goal than a _____ one.

You've heard of the phrase –

Aim For The _____.

If You Fail, You'll Land On The _____.

The danger of setting a small goal is you might actually _____ it and then you'll be setting small goals for the rest of your life - it has to be a stretched goal that _____ you - otherwise you will be _____ your mind cells.

Your goal must excite and _____ you.

Don't worry, you don't have to set a crazy goal; just something that takes you a little out of your _____, something that makes you think you have no idea how that may come about or something that gets you really excited and maybe _____ at the same time.

There's a _____ in setting a bigger goal.

It entices you to _____ the _____ and become the _____ of person it's going to take in order to achieve your goal.

Who we _____ is far more important than achieving the goal itself.

So what type of goal could you offer your subconscious mind?

A goal so big that it would _____ you
out of bed early every morning and get you
out there taking action.

Where you would be _____, making
things _____.

The fact is you are in an ocean of _____.

Think of Superachievers such as Thomas
Edison, Gandhi, Steve Jobs, Oprah Winfrey.

They all gave themselves BIG life changing,
world changing goals, that would totally
_____ the rest of their lives and make a
positive _____ in the world.

By setting much bigger goals, you have the
ability to multiply your _____,
dramatically exceed your highest
_____, and achieve goals on a grand
scale that in the past seemed impossible.

When you go after big goals...

SOMETHING _____ HAPPENS!

THE _____ POWER COMES IN.

Now if you've never seen this happen,
it's _____.

You would have _____, Energy, Drive,
_____, Determination, _____ and
_____.

You are no longer _____.

You are now one of the _____.

Right now at this instant you are capable of
exponential _____.

Most people operate from a mindset that success only comes from one _____ at a time.

Do not _____ for what you have, you must allow yourself to really go after what it is you want.

Your mistake up until now is that you're going for small goals. It has to be so _____.

Research shows that most people in life reach a certain point where they realise that,

EVERYTHING THEY THOUGHT WAS GOING TO HAPPEN DIDN'T HAPPEN.

And it's because they didn't know this secret to thinking BIG.

The _____ Conspires To Bring
About Your Result.

YOU HAVE THIS INVISIBLE
MEANS OF _____.

A person who has small goals will never
experience this.

That's why some people can have massive
achievements and many others go through
life as an also ran.

Once you get the power of your subconscious
mind _____ you are going to
experience life changing success.

**This can only happen when you
Think Big with No _____.**

Give yourself _____ to jump in and
really go for it.

You must act with complete _____.

Here's an important question to consider...

**What would you go for if you knew your
success was guaranteed?**

What would you do, how would you proceed
in terms of specific action steps?

Just plant the seed in your mind, relax and
_____ like you have total _____.

Creating a breakthrough requires that you...

_____ Your Success Was Guaranteed.

BELIEVE YOU _____ IT.

So your **mindset challenge** for today is to _____ the _____ by setting a much bigger goal.

Decide today to play your _____ game.

Show up as your _____ in all that you do.

_____ great things to happen.

Do everything you can to make them happen.

Go about your day as if success was _____.

Bring that attitude to each task
and focus on a _____.

